



Infection Prevention and Control Policy and Procedure

CARERS' HANDS H C A LTD

Company Number: 12398073

Registered Office: 39 Crossley Place, Southampton, SO15 2EX

Policy Owner: Registered Manager

Policy Reviewed: June 2025

Next Review Due: June 2026

Version: 1.0

1. Purpose

To ensure the prevention and control of infections in all care environments provided by CARERS' HANDS H C A LTD, protecting both service users and staff while meeting our legal and regulatory responsibilities.

2. Scope

This policy applies to all staff, volunteers, contractors, and visitors involved in the delivery of care services.

3. Policy Statement

We are committed to maintaining high standards of infection prevention and control. All staff must follow procedures to minimise the risk of infection, including COVID-19, flu, MRSA, norovirus, and other communicable diseases.

4. Legal and Regulatory Framework

- Health and Social Care Act 2008 (Regulated Activities) Regulations 2014
- Regulation 12: Safe Care and Treatment
- The Health and Safety at Work Act 1974
- COSHH Regulations 2002
- NICE Guidelines on Infection Prevention
- UK Health Security Agency guidance

5. Responsibilities

- The Registered Manager is responsible for ensuring compliance, audits, and staff training
- All staff must follow Standard Infection Control Precautions (SICPs), report outbreaks, and maintain hygiene



- Domestic staff follow cleaning protocols and safe disposal procedures

6. Standard Precautions

- **Hand hygiene:** Wash hands before and after every care task
- **Use of PPE:** Gloves, aprons, and masks as required by risk assessment
- **Safe handling of waste:** Clinical waste is bagged and disposed of appropriately
- **Cleaning and disinfection:** Regular cleaning of surfaces and high-touch areas

7. Personal Protective Equipment (PPE)

- Staff must wear appropriate PPE as per activity and risk
- PPE must be disposed of after single use and never reused
- PPE stations must be stocked and accessible

8. Laundry and Linen

Soiled linen must be handled with care, bagged separately, and laundered at correct temperatures. Used linen should not be shaken or placed on the floor.

9. Outbreak Management

- Isolate suspected infectious individuals when required
- Inform Public Health and follow local authority protocols
- Record and report incidents using the internal system

10. Staff Training and Competency

- All staff receive infection prevention and control training during induction and annually thereafter
- Spot checks and refresher training are provided following incidents or policy updates

11. Monitoring and Audits

Regular infection control audits are completed by the manager. Hand hygiene and PPE use are monitored. Results are reviewed in team meetings and action plans are created as needed.

12. Review, Audit and monitoring

This policy and procedure will be monitored and reviewed **at least annually**, or earlier if changes in legislation, regulation, or best practice occur. Regular audits



will be undertaken to ensure ongoing compliance with Care Quality Commission (CQC) requirements and the internal quality assurance framework of CARERS' HANDS H C A LTD.

For a full copy of this policy and related procedures, or to request it in an alternative format or language, please contact:

☎ **Call the Office:** 07535 8524917

✉ **Email:** carershandsagency@gmail.com

Signature and Declaration

Signed:

Chanyuka Dhlakama

Designation: Registered Manager

Date: 01/06/2025

Next Review Due: 01/06/2026